

## Nutridrink Compact

samenstelling

Gemiddeld gehalte per 100 ml\*:

| <b>Energie</b>               | 240/1010 | <b>kcal/kJ</b> | <b>Spoorelementen</b> |                     |
|------------------------------|----------|----------------|-----------------------|---------------------|
| <b>Vetten (35 En%)</b>       | 9,3      | <b>g</b>       | Fe                    | 3,8 <b>mg</b>       |
| verzadigd vet                | 0,9      | <b>g</b>       | Zn                    | 2,9 <b>mg</b>       |
| enkelv. onverz. vet          | 5,7      | <b>g</b>       | Cu                    | 0,43 <b>mg</b>      |
| meerv. onverz. vet           | 2,7      | <b>g</b>       | Mn                    | 0,8 <b>mg</b>       |
| - linolzuur                  | 2,1      | <b>g</b>       | F                     | 0,2 <b>mg</b>       |
| - α-linoleenzuur             | 0,4      | <b>g</b>       | Mo                    | 24 <b>µg</b>        |
| AA                           | -        | <b>mg</b>      | Se                    | 14 <b>µg</b>        |
| DHA                          | -        | <b>mg</b>      | Cr                    | 16 <b>µg</b>        |
| EPA                          | -        | <b>mg</b>      | I                     | 32 <b>µg</b>        |
| <b>Koolhydraten (49 En%)</b> | 29,7     | <b>g</b>       | <b>Vitaminen</b>      |                     |
| glucose                      | 0,3      | <b>g</b>       | A                     | 240 <b>µg</b>       |
| fructose                     | -        | <b>g</b>       | carotenoïden          | - <b>mg</b>         |
| lactose                      | <0,5     | <b>g</b>       | D                     | 1,8 <b>µg</b>       |
| maltose                      | 14,6     | <b>g</b>       | E                     | 3 <b>mg (α-TE)</b>  |
| sacharose                    | -        | <b>g</b>       | K                     | 13 <b>µg</b>        |
| polysachariden               | 14,3     | <b>g</b>       | thiamine              | 0,4 <b>mg</b>       |
| overig                       | 0,4      | <b>g</b>       | riboflavine           | 0,4 <b>mg</b>       |
| <b>Vezels (0 En%)</b>        | - **     | <b>g</b>       | niacine               | 2,2 <b>mg</b>       |
|                              |          |                | niacine               | 4,3 <b>mg NE</b>    |
|                              |          |                | pantotheenzuur        | 1,3 <b>mg</b>       |
| <b>Eiwitten (16 En%)</b>     | 9,6      | <b>g</b>       | B6                    | 0,4 <b>mg</b>       |
| caseïne                      | 8,8      | <b>g</b>       | foliumzuur            | 64 <b>µg</b>        |
| wei-eiwit                    | 0,8      | <b>g</b>       | B12                   | 0,7 <b>µg</b>       |
|                              |          |                | biotine               | 9,6 <b>µg</b>       |
| <b>Zout</b>                  | 0,24     | <b>g</b>       | C                     | 24 <b>mg</b>        |
|                              |          |                | <b>Overige</b>        |                     |
| <b>Vocht</b>                 | 64       | <b>ml</b>      | carnitine             | - <b>mg</b>         |
|                              |          |                | choline               | 88 <b>mg</b>        |
| <b>Mineralen</b>             |          |                | taurine               | - <b>mg</b>         |
| Na                           | 96       | <b>mg</b>      |                       |                     |
| K                            | 236      | <b>mg</b>      | <b>Osmolariteit</b>   | 790 <b>mOsmol/l</b> |
| Cl                           | 91       | <b>mg</b>      |                       |                     |
| Ca                           | 174      | <b>mg</b>      |                       |                     |
| P                            | 174      | <b>mg</b>      |                       |                     |
| Mg                           | 33       | <b>mg</b>      |                       |                     |

\* vanillesmaak

\*\* chocoladesmaak &lt;0,5 g

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